




April 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	All programs are subject to change, with notice. Please direct any questions to Erica Ferrara Safe Harbor Director, or Annmarie Hegarty, Recreation Director. Thank You	1 9:30 Morning Affirmations (K)DR 10:00-Movement To Music (K)DR 10:45-Sing-A-Long (K)DR 1:00 -Minute to Win it (K) DR 1:15-Walking Club (I) DS 2:00-What's In The Bag? (Y)DR 3:00-Hydration & Snack (Y) DR 3:30-Guided Relaxation (Y) DR	2 9:30- Headlines and Bylines (K)DR 10:00-Fitness Fun (K) DR 10:45-Mind Teasers (K) DR 1:00- Driving Range Golf (K)DR 2:00-Table Pong (I) DR 3:00-Hydration & Snack (K) DR 3:30-Guided Meditation (K) DR 5:00-Classical Music Dinner (K)DR	3 9:15-Morning Mindfulness (K)DR 9:30-Stretch & Flex (K) DR 10:00-Golf Driving Range (K) DR 11:00- Cardio Drumming (L) DR 1:00-Wheel Of Fortune (L)DR 2:00-Seasonal Arts & Crafts (L)DR 3:00-Hydration & Snack (L) DR 3:30-Guided Relaxation (L) DR 5:00-Dinner & Music (O) DR	4 9:30-Horoscopes & Headlines (J)DR 10:00-Chair Aerobics (J) DR 10:30-Word Games (J) DR 1:00-Afternoon Stretch (J) DR 1:30-Shooting Gallery (J)DR 2:15-Table Games/Crafts (J)DR 2:45-Shabbat Service (J) RR 3:00-Hydration & Snack (J) DR 3:30-Musical Memories (J) DR	5 9:15 Morning Mantras (B)DR 9:30-Jazzercise (B) DR 10:00 - Floor Darts (B) DR 11:00-Sing Along (B)DR 1:00-Adult Coloring (Y) DR 1:30-Pretty Nails (Y)DR 2:00-Grocery Games (Y)DR 2:30-Afternoon Movie (Y) DR 3:00-Hydration & Snack (Y)DR
6 9:15- Morning Greetings (I)DR 9:30-Sit & Be Fit (I) DR 10:00-Mind Joggers (T) DR 10:30-Hot Potato (T)DR 10:45-Virtual Catholic Mass (T) 1:00-Sun Room Talk (I) DR 1:30-Name 5 (I) DR 2:00-Rhythm Band (D)DR 3:00-Hydration & Snack (I) DR 3:30-Musical Memories (I) DR 5:00-Sunday Dinner (J) DR	7 9:15-Greet The Day (K) DR 9:30-Fitness Fun (K) DR 10:00- Ballon Toss (K) DR 11:00-I Spy (L) DR 1:00-A Movie & Puzzles (L) DR 2:30- Sing Along (L) DR 3:00-Hydration & Snack (L) DR 3:30-Relaxing Music (L) DR	8 9:15 Morning Affirmations (K)DR 9:30-Movement To Music (K)DR 10:00-Trivia Ball Toss (K) DR 11:00-Theraband Fun (K)DR 12:30-Model Sedar w/ Rabbi Liss (L)DS 1:00-Artist Corner (K)DR 2:00-Entertainment w/Lee K (L) DS 3:00-Table Games & Puzzles (K)DR 3:00-Hydration & Snack (K) DR 3:30-Guided Imagery (K) DR	9 9:15-Headlines and Bylines (K) DR 9:30- Fitness Fun (K) DR 10:00-Ball Toss (K) DR 1:00-Name That Tune (K) DR 2:00- Coloring Pages & Puzzles (K)DR 3:00-Hydration & Snack (K) DR 3:30-Relax & Unwind (K) DR 4:00-Lawrence Welk Songs (K) DR	10 9:15-Morning Mindfulness (Y)DR 9:30-Stretch & Flex (K) DR 10:00- Cardio Drumming (L) DR 1:00- Seasonal Crafts (L) DR 2:00-Music Therapy w/Patty K.(L)DR 3:00-Hydration & Snack (L) DR 3:30-Guided Relaxation (L) DR 5:00-Dinner & Music (L) DR	11 9:30-Horoscopes & Headlines (J)DR 10:00-Chair Aerobics (J) DR 10:30-Word Games (J) DR 1:00-Afternoon Stretch (J) DR 1:30-Shooting Gallery (J)DR 2:15-Snowball Fight! (J)DR 2:45-Shabbat Service (J) RR 3:00-Hydration & Snack (J) DR 3:30-Musical Memories (J) DR	12 9:15-Morning Mantras (B)DR 9:30-Jazzercise (B) DR 10:00-Rhythm Band (B) DR 1:00-Puzzels & Coloring Fun (Y) DR 1:30-Pretty Nails (H)DR 2:00- Shooting Gallery (Y)DR 2:30-Afternoon Movie (Y) DR 3:00-Hydration & Snack (Y) DR 3:30-Relax & Unwind (Y) DR Passover Begins
13 Palm Sunday 9:15-Greetings and Salutations (I)DR 9:30-Sit & Be Fit (I) DR 10:00-Finishing Lines (I) DR 10:30-Football Toss (T) DR 10:45-Virtual Catholic Mass T 1:00-Sun Room Talk (I) DR 2:00-Tribonds (I) DR 3:00-Hydration & Snack (I) DR 3:30-Musical Memories (I) DR 5:00-Sunday Dinner (P) DR	14 9:15-Greet The Day (K) DR 9:30-Fitness Fun (K) DR 10:00- Parachute Games K) DR 11:00-Famous Faces (L) DR 1:00-Classic Movie & Coloring (L) DR 2:00-Maria M. Music Therapy (L)DR 3:00-Hydration & Snack (L) DR 3:30-Relaxing Music (L) DR	15 9:15 Morning Affirmations (K) DR 9:30-Movement To Music (K)DR 10:00-Floor Hockey (K) DR 11:00 -Name 5 (K)DR 1:00 You Be The Judge (L) DR 2:00-Entertainment w/Frank B.(K)DS 3:00-Hydration & Snack (K) DR 3:30-Relax & Unwind (K) DR	16 9:15-Headlines and Bylines(K) DR 9:30-Shake That Body (Y) DR 10:00-Balloon Volleyball (K) DR 10:00- Catholic Mass (F) DS 11:00-Trivia Time (K)DR 1:00-Rhythm Band (K)DR 2:00-Karaoke Time (K)DR 3:00-Hydration & Snack (M) DR 3:30-Guided Meditation (M) DR	17 9:15-Morning Mindfulness (K)DR 9:30-Stretch & Flex (K) DR 10:00-Skee-ball (K) DR 11:00-Cardio Drumming (L)DR 1:00- Seasonal Crafts (L) DR 2:00- Karaoke Time (L) DS 1:00- Dear Ann Landers (L) DR 3:00-Hydration & Snack (L) DR 3:30-Relax & Unwind (L) DR	18 Good Friday 9:30-Horoscopes & Headlines (M)DR 10:00-Chair Aerobics (J) DR 10:30-Word Games (J) DR 1:00-Afternoon Stretch (J) DR 2:30-Table Games/Crafts (J)DR 2:45-Shabbat Service (J) RR 3:00-Hydration & Snack (J) DR 3:30-Musical Memories (J) DR	19 Sonia's Birthday 9:15 Morning Mantras (B)DR 9:30-Jazzercise (B) DR 10:00-Sing Along (Y) DR 11:00-Word Games (Y)DR 1:00-Adult Coloring/Pretty Nails (Y) DR 2:00-Skee-ball (Y)DR 2:30-Afternoon Movie (Y) DR 3:00-Hydration & Snack (Y)DR 3:30-Guided Meditation (Y)DR
20 Easter Sunday 9:15-Greetings and Salutations (I) DR 9:30-Sit & Be Fit (I) DR 10:00-Finishing Lines (I) DR 10:30-Skee-ball (T) DR 10:45-Virtual Catholic Mass T 1:00-Sun Room Talk (I) DR 1:30-Tribonds (I) DR 2:00-Creative Expressions 3:00-Hydration & Snack (I) DR 3:30-Musical Memories (I) DR Passover Ends	21 9:15-Greet The Day K(DR) 9:30-Fun and Fitness (K) DR 10:00-Sports Fun (K) DR 11:00-I Spy (K) DR 1:00-A Movie & Puzzles (L) DR 2:00-You Be The Judge (K)DR 3:15-Mary P. Entertains (K) DR 3:30-Relaxing Music (K) DR	22 9:15 Morning Affirmations (K)DR 9:30-Movement To Music (K)DR 10:00-Trivia Ball (K) DR 11:00- Ball Toss (K)DR 2:00-Music Therapy w/ Patty K.(J)DR 2:30-Table Games & Puzzles (L)DR 3:00- Hydration & Snack (K) DR 3:30-Guided Relaxation (K) DR	23 9:15-Headlines and Bylines (K) DR 9:30-Day of Beauty (K) DR 11:00-Name That Tune (K)DR 1:00-That was the Year 1953 (K)DR 2:00-Name That Tune K (DS) 3:00-Table Games & Puzzles (K)DR 3:00-Hydration & Snack (K) DR 3:30-Songs from the Past (K) DR	24 9:15-Morning Mindfulness (K)DR 9:30-Stretch & Flex (K) DR 10:00-Golf Driving Range (K) DR 11:00- Cardio Drumming (L) DR 1:00-Wheel Of Fortune (L)DR 2:00-100th Birthday Party for Bridget C. (L) Ds 3:00-Hydration & Snack (L) DR 3:30-Guided Relaxation (L) DR	25 9:30-Horoscopes & Headlines (J)DR 10:00-Chair Aerobics (J) DR 10:30-Word Games (J) DR 1:00- Snowball Fight (J)DR 2:00 -Table Games/Crafts (H)DR 2:45-Shabbat Service (J) RR 3:00-Hydration & Snack (J) DR 3:30-Musical Memories (J) DR	26 9:15 Morning Mantras (Y)DR 9:30-Jazzercise (Y) DR 10:00-Rhythm Band (Y) DR 1:00-Adult Coloring/Pretty Nails (Y)DR 2:00-Grocery Games (Y)DR 2:30-Afternoon Movie (Y) DR 3:00-Hydration & Snack (Y)DR 3:30-Guided Meditation (Y)DR
27 9:15 -Morning Greetings (I)DR 9:30-Sit & Be Fit (I) DR 10:00-Floor Hockey (D) DR 10:45-Virtual Catholic Mass (I) 1:00-Sunday Fun Day Games (D)DR 1:30-Tribonds (I) DR 3:00-Hydration & Snack (I) DR 3:30-Musical Memories (I) DR	28 9:15-Greet The Day L(DR) 9:30-Fitness Fun (L) DR 10:00-Table Games (K) DR 11:00-Name That Tune (L) DR 1:00- A Movie & Coloring (L) DR 2:00-Scruples (L)DR 3:00-Hydration & Snack (L) DR 3:30-Relaxing Music (L) Dr	29 9:15 Morning Affirmations (K) DR 9:30-Movement To Music (Y)DR 10:00-Ball Games (K) DR 11:00-You Be The Judge (L)DR 1:00-Artist Corner (L)DR 2:00-What would You Do? (L)DR 3:00-Hydration & Snack (Y) DR 3:30-Relax & Unwind (Y) DR	30 9:15-Headlines and Bylines (K) DR 9:30-Move & Groove (K)DR 10:00-Bowling Fun (K) DR 11:00-Skee-ball Fun (K)DR 1:00-Name That Tune (K)DR 2:00 Dear Ann Landers K(DR) 2:00-Monthly Birthday Party (K)DS 3:00-Hydration & Snack (K) DR 3:30-Songs from the Past (K) DR	Staff Jennifer J Diane D Nikki K Lorraine L Hayley H Jacob B	Room Key Dining Room DR Patio P Living Room LR Sun Room SR Recreation Room RR Down Stairs DS Trip T	