


Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
Time	Event	Who Loc	Time	Event	Who Loc	Time	Event	Who Loc	Time	Event	Who Loc	Time	Event	Who Loc	Time	Event	Who Loc	Time	Event	Who Loc
HEART HEALTHY WEEK EVENTS			WEEK EVENTS			February 2018			1st			2nd Beauty and the Beads			3rd					
11th	Valentines Day Card Creations		14th	Concert w/ Glenn Miller					5th	Birthdays		9:30	Pilates w/ Randi	OV LR	9:30	Moving and Grooving	JK LR	9:00	Temple Trip	JL T
12th	Your Heart Health w/ Dr. Barbara Keber		15th	Heart Healthy Treat w/ Chef Pat Marone					10th	Larry Gargan		10:00	February IQ	JL LR	10:00	Well Grounded -	JL LR	9:30	Stretch and Flex	JL LR
13th	Nutrition Health w/ Elizabeth Daep		16th	Chinese New Year Party					21st	Merle Weintraub		10:45	Bingo	IK LR	10:45	Story of Groundhog Day	JK LR	10:00	Sports Report	JL LR
																				
4th			5th			6th			7th			8th			9th			10th		
9:00	Trip : Church	LB T	9:30	Fun Fitness	JK LR	9:30	Moving to Music	IK LR	9:30	Fit as a Fiddle	IK LR	9:30	Chair Yoga	JL LR	9:30	Going for the Gold!	JK LR	9:00	Temple Trip	JL T
9:30	Gridiron Grit	IK LR	10:00	Horoscopes	JK LR	10:00	Rosary Service	JL DR	10:00	Communion	JL DR	10:00	Errand Day	OV T	10:00	Olympic Events	JL LR	9:30	Stretch and Flex	JL LR
10:00	Super bowl Matchup	IK LR	10:45	Bingo	JK LR	10:00	Mardi Gras Traditions	IK LR	10:45	Bingo	IK LR	10:00	Olympic Events	JL LR	10:45	Bingo	JK LR	10:00	This Day In History	JL LR
10:45	Bingo	IK LR	11:00	Weekend Round Up	IK MR	10:45	Bingo	IK LR	11:00	Mardi Gras Traditions	JL T	10:45	Bingo	IK LR	1:30	Journey to South Korea	JK MR	10:45	Bingo	JL LR
1:30	Football Fun Facts	IK LR	1:30	Wii Bowling	JK MR	1:00	Movie Trip		1:30	Armchair Travels	JL MR	1:30	Word Game	JL MR	2:30	Drumming Circle	JL LR	1:30	Jeopardy	JL MR
2:30	Touchdown Toss	IK LR	1:30	Mask Creations	JK LR	1:30	Baking Class	IK MR	1:30	New Orleans	IK LR	2:00	Movie Matinee	FD MR	3:00	Shabbat Services	BE MR	2:30	Karaoke Hour	JL LR
3:30	Dime Blackjack	IK LR	2:30	Charades	JK LR	2:30	Balloon Volleyball	JL LR	2:00	Mardi Gras Party!	IK LR	3:30	Dime Blackjack	JL LR	3:45	Poker	JK LR	3:30	Target Golf	JL LR
6:00	Super bowl Viewing Party	FD LR	3:30	Poker	JK LR	3:30	Casino Blackjack	IK LR	3:45	Poker	IK LR	4:00	Team USA Athletes	JL MR	6:00	Netflix Feature	IK LR	6:00	Movie Night	FD LR
			4:00	Happy Hour	IK PD	6:00	Evening Documentary	FD LR	6:00	Movie Night	FD LR	6:00	Netflix Feature	IK LR						
			6:00	Rummy Q	IK LR															
9:00	Trip : Church	LB T	9:30	Fun Fitness	JK LR	9:30	Moving to Music	IK LR	9:30	Fit as a Fiddle	IK LR	9:30	Pilates w/ Randi	FD LR	9:30	Dancing Dragon	JK LR	9:00	Temple Trip	JL T
9:30	Sunday Stretch	IK LR	10:00	Horoscopes	JK LR	10:00	Rosary Service	JL DR	10:00	Communion	JL DR	10:00	Olympic Update	JL LR	10:00	Year of the Dog / Houses	JL LR	9:30	Stretch and Flex	JL LR
10:00	Week in Review	IK LR	10:45	Bingo	JK LR	10:00	Random Trivia	IK LR	10:00	Love is in the air Trivia	IK LR	10:45	Bingo	IK LR	10:45	Bingo	JK LR	10:00	Sports Report	JL LR
10:45	Bingo	IK LR	11:00	Weekend Round Up	IK MR	10:45	Bingo	IK LR	10:45	Bingo	IK LR	11:00	You Be The Judge	JL MR	1:30	Fortune Cookie Crafts	JK MR	10:45	Bingo	JL LR
1:30	Text Twist	IK LR	1:30	Wii Bowling	JK MR	11:00	News and Views	JL LR	1:30	Dotted Heart	JL LR	1:30	Glee Club	JL MR	2:00	Chinese New Year Party	JL LR	1:30	Boggle XL	JL MR
2:30	Making V-Day Cards	IK LR	2:30	Your Heart Health w/ Dr. Barbara Keber	OV LR	1:30	Word Game	IK MR	1:30	Tree Painting	IK LR	2:30	Heart Healthy Treat w/ Chef Pat Marone	OV LR	2:30	Therapy Dogs	JK LR	2:30	Love Song Karaoke	JL LR
3:30	Casino Blackjack	IK LR	3:30	Poker	JK LR	2:00	Nutrition Health w/ Elizabeth Daep	OV LR	2:30	V-Day Concert & Birthday Bash w/ Glen Miller	OV LR	3:45	Poker Jack	IK LR	3:00	Shabbat Services	BE MR	3:45	Cho Han	JL LR
6:00	Open Board Games	FD LR	4:00	Happy Hour	IK PD	3:30	Dime Blackjack	IK LR	3:45	Poker	IK LR	6:00	Coffee Social Hour	IK LR	3:45	Poker	JK LR	6:00	Movie Night	FD LR
			6:00	Puzzle Mania	IK LR	6:00	Gossip and Gab	JL LR	6:00	Movie Night	FD LR				6:00	Movie Night	FD LR			
9:00	Trip to Church	LB T	9:30	Fun Fitness	JK LR	9:30	Moving to Music	IK LR	9:30	Fit as a Fiddle	IK LR	9:30	Sylvia Fashions	OV LR	9:30	Moving and Grooving	JK LR	9:00	Temple Trip	JL T
9:30	Sunday Stretch	IK LR	10:00	Presidential Pets	JK LR	10:00	Rosary Service	JL DR	10:00	Communion	IK DR	10:00	Errand Day	JL T	10:00	Weekly Weather Forecast	JL LR	9:30	Stretch & Flex	AH LR
10:00	Week in Review	IK LR	10:45	Bingo	JK LR	10:00	Category Trivia	IK LR	10:45	Bingo	IK LR	10:00	Finish The Phrase	IK LR	10:45	Bingo	JK LR	10:00	This Day In History	AH LR
10:45	Bingo	IK LR	11:00	Presidents Day Trivia	IK MR	10:45	Bingo	IK LR	11:00	Olympic Highlights	JL LR	10:45	Bingo	AH LR	1:30	Pictionary	JL MR	10:45	Bingo	AH LR
1:30	Text Twist	IK LR	1:30	President Unscramble	JK MR	10:45	Trip - Jolly Fisherman	JL T	1:30	Shopping Trip Kohl's	JL T	11:00	Easy Does it Trivia	IK MR	2:00	Bocce	AH LR	11:00	Political Round Up	JL LR
2:30	Afternoon Meditation	IK LR	1:30	Lincoln Penny	IK LR	1:30	Who am I?	IK MR	1:30	Balloon Volleyball	IK LR	1:30	Archery	IK MR	2:30	Drumming Circle	JL LR	1:30	Word Find XL	AH MR
3:30	Casino Blackjack	IK LR	1:30	Bookmark Creation	JK LR	2:30	Resident Council	JL LR	2:30	Soccer Challenge	JL LR	2:30	Jeopardy	JK LR	3:00	Shabbat Services	BE MR	2:30	Karaoke Hour	JL LR
6:00	Open Board Games	FD LR	2:30	Famous First Ladies	JK MR	3:30	Hand Massages	AH PD	2:30	The Year Was	AH LR	3:30	Casino Blackjack	IK LR	3:45	Poker	JK LR	3:30	Target Golf	JL LR
			3:30	Poker	JK LR	3:30	Dime Blackjack	IK LR	3:30	Poker	IK LR	3:30	Book Club	JL LR	4:00	Afternoon Meditation	AH MR	6:00	Movie Night	FD LR
			6:00	Rummy Q	IK LR	6:00	Evening Cool Down	FD LR	6:00	Movie Night	FD LR	6:00	Cookies and Milk Social	AH LR	6:00	TV Series Feature	FD LR			
9:00	Trip to Church	LB T	9:30	Fun Fitness	JK LR	9:30	Moving to Music	IK LR	9:30	Fit as a Fiddle	IK LR				Recreation Staff John Luboja - JL -(RD) Ilana Konel - IK AudreLynn Hurston -AH Jim Kutch - JK Larry Bernardo - LB Andre Santiago - As Beth Evans - BE Front Desk - FD Outside Vendor- OV			Recreation Rooms Living Room Craft Room Dining Room Media Room Private Dining Trip Patio Library Lobby		
9:30	Sunday Stretch	IK LR	10:00	Horoscopes	JK LR	10:00	Rosary Service	IK DR	10:00	Communion	JL DR									
10:00	Week in Review	IK LR	10:45	Bingo	JK LR	10:45	Bingo	IK LR	10:00	News and Views	IK LR									
10:45	Bingo	IK LR	11:00	Weekend Round Up	IK MR	11:00	10 Second Rule	AH LR	10:45	Bingo	IK LR									
1:30	Olympic Results and Highlights	IK LR	1:30	Wii Bowling	JK MR	1:30	Word Game	IK MR	1:30	Landmark Theater Trip	JL T									
2:30	Text Twist	IK LR	1:30	Painting for Beginners	IK LR	2:30	Regency U. Presents Sagamore Hill with Bill	OV LR	1:30	Wuzzles	IK MR									
2:30	Dime Blackjack	IK LR	2:30	Sing Along	JK LR	3:45	Pokerjack	IK LR	2:00	Kickball Workout	JL LR									
6:00	Olympics Closing Ceremonies	IK LR	3:30	Poker	JK LR	4:00	Who am I?	AH MR	2:30	Armchair Travels	IK MR									
			4:00	Happy Hour	IK PD	4:00	Who am I?	AH MR	3:30	Poker	IK LR									
			6:00	25 Cent Bingo	IK LR	6:00	Evening Documentary	FD LR	6:00	Movie Night	FD LR									

- Activity Descriptions

- Olympic Games - Test your athletic skills in our Regency Olympic Games!
- Who am I? -Celebrating a famous or infamous person this month.
- What am I? - Celebrating a commonplace item and its story.
- Text Twist - Combine 7 letters given to find all words that can be created. A new take on Word Game
- Wuzzles - Puzzles provide a visual representation of a common word or phrase. Can you decipher the clues in each puzzle box?
- You be the Judge - Hear real cases and give your opinion - Guilty or Not?
- Day at the Races - And there off! Choose the right horse and win big!
- Happy Hour - Come socialize on the Patio enjoying wine and snacks before dinner.

Entertainment -

Heart Healthy Week - Learn new heart healthy habits with lecturers and activities

Birthday Bash and Dance with Glen Miller - Glen Miller company provides an entertainer for our V-Day Celebration.

Bill-Learn the history of a famous Gold Coast Historical sight Sagamore Hill.

Trips -

TGIF - Movie Trip - The Post

Jolly Fisherman

Kohl's

Landmark Theater - Audrey Hepburn.

